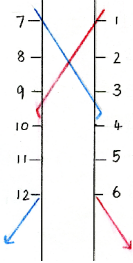
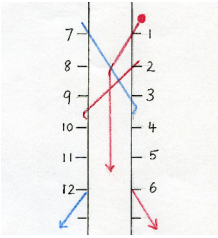
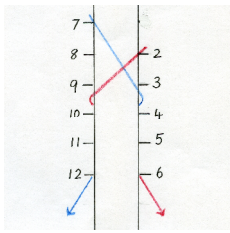
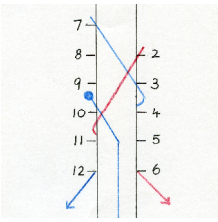
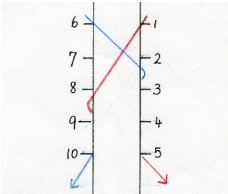
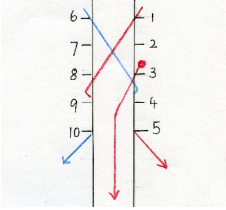
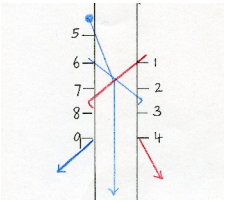
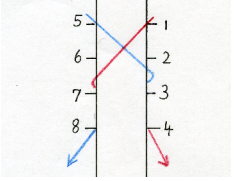
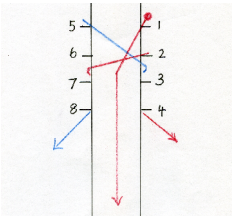
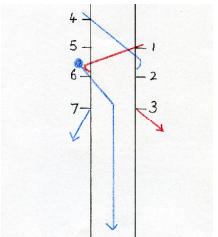
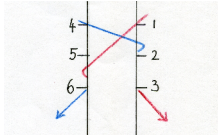


Plaiting Progression THE 7 FOOT BY 12 PLAIT

The following plaiting and strand dropping sequence is intended to be used in conjunction with the DVD supplied

To begin select the top right hand strand, followed by the top left hand strand continue this same right hand left hand rotation until the plaiting of the whip is completed

	<p style="text-align: center;">Diagram 1</p> <p>With 6 of the same colour strands in each hand being all the same colour in the right hand and all the same other colour in the left hand begin to plait beginning with strand No 1 plait between strand 9 & 10 left hand</p> <p>Then from the left hand top strand No 7 plait between 3 & 4 right side continue this even 6 strand each hand 12 plait until the length of 2' 9" is reached</p>
	<p style="text-align: center;">Diagram 2</p> <p>At 2' 9" select the shortest strand on the right hand side bring this short strand to position No1 and fold strand No 1 into the belly then using stand No 2 plait over Strand No1 folded in the belly as per diagram between strands 9 & 10 on the left hand</p>
	<p style="text-align: center;">Diagram 3</p> <p>Then being an uneven plait 5 stands on the right hand and 6 stands on the left hand from the left hand select strand No7 plait between 3 & 4 on the right hand side until 3' in the plait is reached</p>
	<p style="text-align: center;">Diagram 4</p> <p>At 3' select the shortest strand on the left hand side bring the short strand to position No 10 and fold strand No 10 into the belly then using stand No 2 plait over strand No10 which has just been folded into the belly as per diagram plait strand No 2 between strands 9 & 11 left hand being the position just vacated by strand No 10</p> <p>Then using strand No 7 left hand side plait between 3 & 4 on the right hand side</p> <p>Then after approx 4" gently pull each stand that has been folded into the belly down so as to look tight just like the rest of the plait</p>
	<p style="text-align: center;">Diagram 5</p> <p>As per the diagram which now displays 10 strands being 5 strands in each hand as per diagram plait on until 3' 9" of the plait is reached.</p>

	<p style="text-align: center;">Diagram 6</p> <p>At 3' 9 " select the shortest strand on the right hand side bring the short strand to position No 3 and fold strand No 3 into the belly as per the diagram Then select strand No 6 left hand side plait between 2 & 4 through the position strand No 3 just vacated as per diagram now with 4 strands right hand and 5 strands left hand plait on until 4' in the plaited length is reached as per diagram</p>
	<p style="text-align: center;">Diagram 7</p> <p>At 4' select the shortest strand on the left hand side bring the short strand to position 5 and fold strand No 5 into the belly as per the diagram</p> <p>Then selecting strand No 6 plait between 2 & 3 on the right hand side</p> <p>Note after approx 4 " using a sharp blade cutting on a 45 degree tapper and cut out the first right and left hand strand folded into the belly whereby maintaining one strand of each colour in the belly</p>
	<p style="text-align: center;">Diagram 8</p> <p>Displaying 8 strands in the plait being 4 stands right hand and 4 strands left hand continue on until 4'9" in the plait is reached as per diagram</p>
	<p style="text-align: center;">Diagram 9</p> <p>At 4'9" select the shortest strand on the right hand side bring the short strand to position 1 and fold strand No 1 into the belly as per the diagram</p> <p>Then with strand No 2 on the right hand side plait between strands 6 & 7 on the left hand side</p> <p>Now with 3 strands right hand and 4 strands left hand plait on until 5' in the plait is reached</p>
	<p style="text-align: center;">Diagram 10</p> <p>At 5' select the shortest strand on the left hand side bring this short strand to position 6 and fold strand No 6 into the belly as per the diagram</p> <p>Then select strand No 1 plait between strands 5 & 7 being the location strand No 6 vacated</p> <p>Then select strand No 4 plait between 1 & 2 on the right hand side as per diagram</p> <p>Again using a sharp blade after approx 4" cut on a 45 degree and tapper out the 2 strands diagram 6 and 7 folded into the belly whereby maintaining 2 stands one strand of each colour in the belly being the strands from diagram 9 and 10</p>
	<p style="text-align: center;">Diagram 11</p> <p>There now being 6 strands remaining in the plait 3 on the right hand and 3 on the left hand continue as per the diagram plait the whip to completion and fit the fall as per the DVD</p> <p style="text-align: center;">Congratulations well done</p>