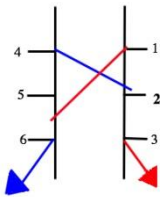
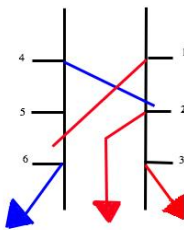
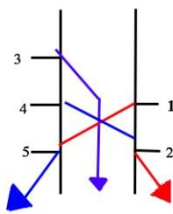
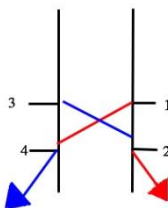


PLAITING PROGRESSION THE 7 FOOT BY 6 PLAIT

The following plaiting and strand dropping sequence is intended to be used in conjunction with the DVD supplied

To begin cross the middle four strands, left over right, select the top right hand strand, followed by the top left hand strand continue this same right hand left hand rotation until the plaiting of the whip is completed using the sequence below.

	<p style="text-align: center;">Diagram 1</p> <p>Displaying 6 strands in the plait, being 3 strands in each hand.</p> <p>To start the plait cross the four middle strands left over right. Select the red strand No.1 as per diagram and plait between 5 and 6.</p> <p>Then select strand No. 4 left hand blue as per diagram and plait between strand No. 2 and 3 continue on until 4'7" in the plait is reached.</p>
	<p style="text-align: center;">Diagram 2</p> <p>At 4'7" select the shortest strand red and bring to No. 2 position and fold it into the belly as per the diagram.</p> <p>Then with strand No. 1 blue on the right hand side plait between strands 5 & 6.</p> <p>You now have two strands, red on the right and three strands blue on the left, an uneven plait until 4'9".</p>
	<p style="text-align: center;">Diagram 3</p> <p>At 4'9" pull the dropped strand tight. Tapper this strand out using a sharp knife. Then bring the shortest strand to on the blue side to No. 3 position and fold it into the belly as per the diagram.</p> <p>At 5 feet pull No. 3 folded strand tight and using a sharp blade tapper No.3 strand out.</p>
	<p style="text-align: center;">Diagram 4</p> <p>There now being 4 strands remaining in the plait 2 on the right hand and 2 on the left hand, continue as per the diagram plait between the two strands on both sides to length.</p> <p>Fit the fall and cracker/popper as per the DVD.</p> <p>Attach the handle as per DVD.</p> <p style="text-align: center;">Congratulations well done!</p>

